



PREGNANCY AND PARENTING SUPPORT

[A Door of Hope](#)

Parenting & Pregnancy Program - Talk to your Client Advocate for a complete list.

Wilmington location - 3407 Lancaster Pike, Wilmington, DE 19805 phone: 302-998-9000

Middletown location - 316 East Main Street, Middletown, DE 19709 phone: 302-394-9500

[Bethany Christian Services](#)

Pregnancy support you can count on. For expectant parents facing a world of unknowns, they provide confidential support to help you find your best path forward.

855-687-3887

[St. Francis Childbirth and Breastfeeding classes](#)

Saint Francis Hospital's childbirth and breastfeeding classes coach expectant mothers on what to expect during pregnancy and labor as well as advice on how to care for their newborn

[Child Inc.'s Parent Education Department](#)

Classes are FREE and open to everyone

For more information or to register for a class contact Laurie in the Parenting Education Department at 302-254-5522 or 302-762-8989

For those in Kent/Sussex Counties, call 1-800-874-2070 (toll free)

[Parenting Tips from Child.Inc](#)

[Parents as Teachers](#)

Promotes the optimal early development, learning and health of children by supporting and engaging their parents and caregivers

302-454-5955

[Focus on the Family](#)

Christ centered help for families to thrive including a wide variety of broadcasts, podcasts, telecasts, films, websites, blogs and radio programs providing information, guidance and practical insights on everything from adoption to marriage to media discernment to pastoral concerns.

[Jewish Family Services of Delaware](#)

Support for families facing challenges and crisis providing a system of support helping families and individuals improve stability, navigate transitions, and access mental health services. You don't have to be Jewish to receive help.

[Brandywine Counseling & Community Services](#)

The Perinatal program provides pregnant and parenting women specialized case management as an extension to behavioral health services to help prepare parents for healthy deliveries and successful parenting.

302-656-2348

SUPPORT GROUPS FOR MOMS

[MOPS – “Mothers of Preschoolers”](#)

A community of moms

Meet with your peers while the kids are being watched close by. Partnering with churches and organizations worldwide to equip and encourage moms.

[Find a MOPS group](#)

[Mama Baby Groups](#)

Support groups for moms and their babies. They also have breastfeeding classes for a fee.

Call 302-658-BABY(2229)

[Young Moms of Chester County](#)

Are you a pregnant or parenting young woman between the ages of 13 and 21? YoungMoms is an organization that can help you build friendships with other young moms, gain parenting and life skills, and further your education and career goals. For more information, contact them at

youngmomsks@gmail.com or 855-964-6667