



CHILD DEVELOPMENT

[CAP4KIDS Early Intervention Resources](#)

Providing early intervention services and support for infants and toddlers with disabilities and developmental delays and their families.

302-255-9134

[Children's Developmental Milestone Moments](#)

How your child plays, learns, speaks, and acts offers important clues about your child's development. Developmental milestones are things most children can do by a certain age. Check the milestones your child has reached at each age.

[Delaware Help Me Grow](#)

Help Me Grow will connect you to help for a healthy pregnancy, screening that will help make sure your child's growth is on track, and support for being the best parent you can be. Help Me Grow helps you get the health and services you need! It's all just a phone call away.

Just dial [2-1-1 for Help Me Grow](#).

[New Castle County Head Start, Inc.](#)

A non-profit organization devoted to promoting the school readiness of children ages birth to 5 years from income-eligible families in New Castle County, Delaware.

256 Chapman Road, Suite 103, Newark, DE 19702

302-452-1500

[New Directions Early Head Start - University of Delaware](#)

Providing pregnant women, infants, toddlers and their families with quality care and family services including both home-based and center-based services.

University of Delaware 321 S. College Avenue, Newark, DE 19716

302-831-0584

[Children & Families First](#)

Helping mothers get the support needed to nurture your child's development, including Head Start and finding child care and programs to help you achieve your personal and parenting goals

302-604-6301 or 800-220-3092

[Fetal Alcohol Spectrum Disorder](#)



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This CDC site offers resources and information on Fetal Alcohol Spectrum Disorders (FASD) a group of conditions that can occur in a person who was exposed to alcohol before birth. These effects can include physical problems and problems with behavior and learning.

[National Organization on Fetal Alcohol Syndrome \(FASD\)](#)

Resources and strategies for parents and caregivers of children with fetal alcohol syndrome to help understand their needs and support their progress.

[National Down Syndrome Society](#)

Resources and support for parents and caregivers of children with Down Syndrome
Toll free: [800-221-4602](tel:800-221-4602)

[Down Syndrome Association of Delaware](#)

Supporting families, promoting community involvement, and encouraging a lifetime of opportunities for people with Down syndrome.
[302-995-1004](tel:302-995-1004)