



Perinatal Bereavement Support Groups

[Christiana Care Loving Arms Parent Support Group](#)

On the third Monday of every month, 6:15 – 7:45 p.m., Christiana Hospital, Conference room 1000. Please join other parents who have also suffered a loss. The Loving Arms Parent Support Group is a self-help group that provides time to ask questions, share thoughts or just listen. The support group is here to help parents and families who have had an ectopic pregnancy, miscarriage, stillbirth or neonatal death. You can come by yourself, with your spouse, partner, or bring a friend. You can come to talk, or just listen.

To confirm the date of the next Loving Arms Parent Support Group meeting and for more information about the annual memorial service please call [302-733-4367](tel:302-733-4367)

[GriefShare](#)

Find help at GriefShare, a friendly, caring group of people who will walk alongside you through one of life's most difficult experiences. You don't have to go through the grieving process alone. Visit or join a group at any time and attend as many meetings as you like.

Some area meeting locations (visit website for complete list including dates & times)

- Greenbank Church of Christ - 511 Greenbank Rd, Wilmington, DE
- Bethel AME Church - 604 North Walnut Street, Wilmington, DE
- Agape Love Fellowship - Wilmington, DE
- Brandywine Valley Baptist Church - 7 Mt. Lebanon Road, Wilmington, DE
- Asbury United Methodist Church - 300 East Basin Road, New Castle, DE
- CrossPoint Wesleyan Church - 333 Georgetown Road, Carneys Point, NJ
- Calvary Chapel of Delaware County - 500 Brandywine Drive, Chadds Ford, PA
- Bible Fellowship Church - 808 Old Baltimore Pike, Newark, DE
- Christ the Cornerstone Church - 3135 Summit Bridge, Bear, DE
- LifeHouse Church - 101 Karins Blvd., Townsend, DE
- The Journey – 713 East Chestnut Hill Road, Newark DE – Virtual

[Sonia Schorr Sloan Maternal Mental Health Program](#)

A community-based, outpatient program by Jewish Family Services which provides maternal behavioral health care for people who experience pregnancy loss and/or perinatal mood and anxiety disorders (PMADs). Such support and education will help ensure you gain and strengthen the coping skills to move forward, successfully recover, and care for yourself and your family.

[Supporting Kidds](#)

The Center for Grieving Children and Their Families - providing a compassionate pathway to healing for grieving children and their families, and to empower the community to support them in the grieving process.

Online Resources

[M.E.N.D. \(Mommies Enduring Neonatal Death\)](#)

A Christian, non-profit organization that reaches out to families who have suffered the loss of a baby through miscarriage, stillbirth, or early infant death to provide hope and healing through your journey after the loss of your baby.

[Share Pregnancy and Infant Loss Support, Inc.](#)

Serving those whose lives are touched by the tragic death of a baby through pregnancy loss, stillbirth, or in the first few months of life. There are currently no Share Chapters in Delaware, however the National Share office hosts weekly online group chats that are free of charge to our families.

- The online Pregnancy Loss Group (for the loss of baby through miscarriage, still birth or in the first weeks of life) meets every Tuesday from 7:00pm-9:00pm CST.
- The 3rd week is dedicated to Pregnancy After Loss (for those pregnant after a loss or trying to become pregnant).

The Share office also maintains an active presence on Facebook, with three support groups and Share's National page. The support groups are closed groups to protect privacy and require approval prior to posting within the page. The National Share page is a public page and posts current information regarding events, pertinent articles, chapter updates, and videos from bereaved families.

- Share Bereaved Families Peer Support (Closed)
- Share Pregnancy After Loss Support (Closed)
- Share Español: Esperanza for Spanish Speaking Families (Closed)
- Share Pregnancy & Infant Loss Support, Inc. (Public)

To join any of these groups go to: <https://www.facebook.com/NationalShare/groups>
800-821-6819

[ChristianaCare Center for Women's Emotional Wellness](#)

Licensed, highly skilled and caring specialists in behavioral health who provide outpatient counseling and medication treatment for individuals affected by perinatal loss.

Call 302-733-6662 or email cwew@christianacare.org.

[Unborn Memorials](#)

A place to give love and honor to your child's life. This online memorial can be a helpful alternative and part of your journey of healing. If your child was miscarried or stillborn you may not have had an opportunity to have a burial for your child. This online memorial can also be a place for you to express the love you have for that child which will remain forever.