



BREASTFEEDING RESOURCES

LOCAL RESOURCES

[The Children's Advocacy Project \(CAP\)](#)

Along with breastfeeding resources, this site has an extensive list of many social service agencies to help improve the lives of families as well as teen pregnancy, postpartum, and infant resources. Click on a topic under Parent Handouts to see available agency information.

[Breastfeeding Coalition of Delaware](#)

Offering breastfeeding support, resources, and meetings.
Other breastfeeding [resources](#) and information in Delaware.

[Balanced Breastfeeding](#)

Support groups, courses, and workshops.
1601 Concord Pike, Suite #56
Wilmington, DE 19803
info@BalancedBreastfeeding.com
Text: 302-501-5224

[Delaware Breastfeeding Village](#)

A program for WIC and Medicaid eligible mothers to participate in a 6 month program and receive support from a breastfeeding peer counselor and a lactation consultant if needed. Mothers who complete the program will be invited to a baby shower to celebrate completion

[Delaware WIC Supports breastfeeding](#)

Support for WIC clients who are breastfeeding their infants including peer counselors and lactation consultants
302-741-2900 or 800-222-2189

[La Leche League of DE, MD, and DC](#)

Offering help and encouragement to women wanting to breastfeed their infants. They have a lending library of books on breast feeding and nutrition. Telephone assistance is available anytime from trained leaders for any breast feeding concern.

[La Leche League USA](#)

Choose Find Local Help by entering your Zip/Address

[La Leche League International - Multilingual](#)

[The Birth Center breastfeeding services](#)

Provides private consultations with a certified lactation consultant, support groups, and lactation pump sales/rentals.

Complete an online form to request an appointment or call 302-658-2229

[St. Francis Hospital breastfeeding classes](#)

Offers classes that include breast preparation, common nursing concerns, factors affecting milk supply and milk collection.

701 N. Clayton Street, Wilmington, DE 19805

For class information and to schedule your classes, call 302-421-4848

[Breastfeeding resources from Univ. of Penn](#)

Community and national breastfeeding resources

NATIONAL RESOURCES

[National Breastfeeding Hotline for WIC](#)

[Participants](#)
855-427-5666

[Office of Women's Health breastfeeding information](#)

Information and links to resources for breastfeeding.

[The Bump breastfeeding info](#)

Breastfeeding resources including video and photo galleries, new parent forums, articles, nationwide directories for lactation specialists, and more.

[March of Dimes Healthy Moms Healthy Babies](#)

Learn about successful breastfeeding strategies and related lactation topics.

[How to Keep Your Breast Pump Clean](#)

Breast pump guidelines provided by the CDC