



[Delaware WIC Program Information](#)

The Special Supplemental Nutrition Program for Women, Infant and Children, popularly known as WIC, is a federal nutrition program that helps pregnant women, new mothers, and young children eat well, learn about nutrition ([WIC Smart](#)), and stay healthy [learn more](#)

[WIC Service Locations and Hours](#)

- New Castle County
Hudson: [302-605-4066](tel:302-605-4066)
West End: [302-605-6653](tel:302-605-6653)
Northeast/Claymont: [302-605-4099](tel:302-605-4099)
Email: nccwic@delaware.gov
- Kent County
[302-605-1833](tel:302-605-1833)
[302-605-4077](tel:302-605-4077) (Española)
Email: kentwic@delaware.gov
- Sussex County
[302-605-4055](tel:302-605-4055)
[302-605-4077](tel:302-605-4077) (Española)
- Email: sussexwic@delaware.gov

WIC provides:

- Nutritious foods to supplement diets
- Information on healthy eating
- [Breastfeeding support](#)
- Referrals to other healthcare, welfare and social services
- [Nutrition Education](#)
- [Farmers' Market Nutrition Program](#)

Rights & Responsibilities (WIC Rules)

- [WIC Rules](#) - English
- [WIC Rules](#) - Española
- [WIC Rules](#) - Creole

Other WIC links:

- [Determine WIC Eligibility](#)
- [WIC Income Guidelines](#)

[Delaware WIC Authorized Vendor Infant Formula Suppliers - Delaware Health and Social Services - State of Delaware](#)

What foods can I get?

- [WIC Authorized Food List](#)

Where can I shop?

- [Use Your WIC Benefits at These Stores](#)